



# The Upledger Clinic Presents Group Intensive Therapy Program



Experience gentle multi-hands manual therapy sessions conducted in an outpatient setting.

**Why multi-day and multi-therapists?**

**To exponentially increase therapy potency and maximize client outcomes.**

- CranioSacral Therapy, (CST) treatment sessions are individualized to meet specific needs.
- Restrictions and tensions are released to relieve pain and dysfunction and improve overall health. Reported to relieve symptoms associated with:

- |                      |                            |                   |
|----------------------|----------------------------|-------------------|
| ✓ Neck and Back Pain | ✓ Cancer Treatment         | ✓ Chronic Fatigue |
| ✓ Fibromyalgia       | ✓ Post Traumatic Stress    | ✓ Arthrogryposis  |
| ✓ Scoliosis          | ✓ Post Concussion Syndrome | ✓ Migraines       |
| ✓ Autism             | ✓ TMJ Syndrome             | ✓ Alzheimer's     |

- Group discussions held daily with participants, attending family members and/or caregivers.
- Group sessions may consist of 4 - 9 clients, plus therapists.

## Program Dates/Locations

### Group Intensive Therapy

Jan 19-23, 2021 – Palm Beach, FL  
Apr 26-30, 2021 – Truth or Consequences, NM  
May 17-21, 2021 – Selma, IN  
Jun 1-5, 2021 – Bjarnafjörður, Iceland  
Sep 19-23, 2021 – Albuquerque, NM  
Oct 11-15, 2021 – Palm Beach, FL

### PTSD Group Therapy (Veterans Only)

Nov 11-14, 2021 – Palm Beach, FL

## Program Details

- Time:** 9:00 am - 4:00 pm (times may vary, depending on treatment). Includes one hour for lunch.
- Fee:** Five-day program \$3,600. Deposit \$500.00.
- Add'l Costs:** Travel, lodging, local transportation, meals and incidentals are not included in the program fee.
- Attire:** Comfortable clothing.
- Adv. Prep.:** Recommended reading - Your Inner Physician and You by Dr. John E. Upledger

*Also Available: Individual Intensive Therapy Programs*



**Call to register or for more information:  
561-622-4706**